

# Memory Center

CARING PROFESSIONALS PROVIDE A SAFE, SECURE AND ENJOYABLE DAY PROGRAM FOR INDIVIDUALS WITH MEMORY LOSS



“SINCE COMING TO THIS PROGRAM, MY MOTHER LAUGHS MORE, SMILES MORE AND THE EXERCISES ARE HELPING TO SLOW THE DETERIORATION OF HER MOTOR SKILLS.”

Riverstone’s state-of-the-art Memory Center is housed in a beautiful space specifically designed for this population. This highly supervised program provides stimulation and social interaction for people at various stages of memory loss due to Alzheimer’s or other illness.

The program encourages engagement, communication and activity that helps individuals engage with others and function mentally and physically at the highest possible level. A full range of support is also available for family caregivers. (See “Family Caregiver” information.)

## MEMORY CENTER ACTIVITIES INCLUDE:

- Cognitive exercises, games and brain teasers
- Movement therapy, dance, and exercise that enhance well-being and motor skills
- Discussion groups to encourage communication
- Arts and crafts activities
- Music therapy to trigger memories

*~more on reverse side~*

# Memory Center

*~continued from reverse side~*

Special events like fashion shows and birthday and holiday parties provide rewarding experiences for program members.

Programming is in English and Spanish.

The program operates Monday to Saturday 10 am to 3 pm, (flexible Saturday hours – participants can attend from one to five hours).

For more information, call Memory Center Social Worker at (212) 927-5600, ext. 111.

Transportation can be provided within our catchment area. Vans accommodate wheelchair users.

Fees may be covered by Medicaid Long Term Care (MLTC), Private Long Term Care or private pay.

The Memory Center is funded in part by the New York State Office for the Aging, New York City Department of Youth & Community Development and The Fan Fox and Leslie R. Samuels Foundation.

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***Help us widen our circle of support. For more information about becoming a community partner, call Ilana Dunner, Executive Director at 212-926-5600, ext.114 or email: [idunner@riverstonenyc.org](mailto:idunner@riverstonenyc.org).***

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